



Tammy van Wisse
Motivational Speaker

TAMMY VAN WISSE

World Record breaking Endurance Swimmer

INSPIRING – ENTERTAINING – IMPACTFUL

GO THE DISTANCE – supercharge your performance
Get ready to be immersed in the “marathon mindset” and discover the physical, mental, and emotional strokes needed to reach your most challenging finish lines

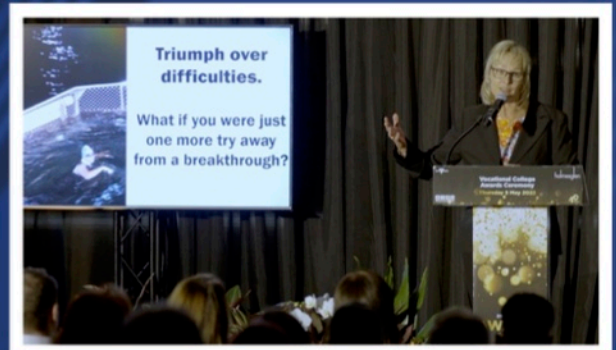
Tammy’s true triumph over adversity tales in the marathon swimming arena and recently with breast cancer are powerfully motivating and filled with practical strategies on how to shift your mindset to achieve your best.

As the first (and still the only) person to swim across Bass Strait and fastest person to swim the 2438km length of the Murray River, Tammy’s stories are unforgettable.

Be prepared to laugh, cry, and redefine your horizons of courage and resilience.

Tammy can help your audience learn how to:

- weather the storms of doubt and outswim uncertainty.
- stay on course through difficult goals & challenges.
- pace themselves to conserve emotional & physical energy to avoid burnout.
- find the drive to cope in a fluid environment that is constantly changing
- navigate mental swells and troughs to maintain forward momentum



WHAT THE CLIENTS SAY

"Tammy, this afternoon's goal setting session was amazing, and we have you to thank. The team have not stopped raving about your insight. We can't thank you enough." **Barry Plant Real Estate**

"Tammy's presentation was not only very inspiring, she then took the time to stay and speak with delegates during our break time (she goes beyond the call of duty). **PACCAR Parts**

"Just wanted to thank you, on behalf of everyone who was privileged to hear you speak at our luncheon. Your outstanding presentation really made our event a success and your insights left us all in awe of your achievements." **Members Equity Bank**

BOOK TAMMY VAN WISSE FOR YOUR NEXT EVENT.

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